



Small Group Guide

Sunday, January 24, 2016

Lesson:

Read over Ephesians 4:1-6. This lesson will be talking about walking the walk as Christians, and walking as one in unity.

ICEBREAKER:

1. Where is the best place you've gone for a walk? What did you see? What was it like?
2. Do you tend to be more social or more reserved? Do you recharge by being with others or being alone? Has this changed as you've gotten older?

QUESTIONS FOR DISCUSSION:

1. Read Ephesians 4:1-6 to begin your study tonight. If you have multiple versions, try reading it from 2 or 3 versions.
2. Paul urges us to live a life worthy of our calling in verse 1. Why is it important that we not only believe these teachings but also put them into practice? Read John 14:15, 21; Luke 8:21; Luke 6:46-49; James 1:22-24 before you answer this.

3. What behaviors do you consider unworthy of a Christian walk?
4. Define what these words/phrases mean for us as Christians:
 - a. humble -
 - b. gentle -
 - c. patient -
 - d. bearing one another -
 - e. unity
5. Why is unity so important for the Christian walk?
6. The NIV in verse 3 says to make every effort to keep the unity...When Paul says make every effort - what does that mean? Whose responsibility is it to create unity?
7. There are 7 "Ones" in this passage. Read them out loud. Of all the "one's" which do you think Christians struggle with the most to really make "one"? Which do you think is easiest for us to view as "one"?
8. Why is it important for us to have these things in common? What would happen if a church focuses on these "Ones" rather than our differences?