



The Why Behind the What - Communion

Sunday, October 1, 2017

Lesson:

*Why do we do things the way we do while we are gathered together on Sunday mornings? It is the why behind the what - and today we look at why we have Communion/the Lord's Supper. You may want to read some scriptures to get your minds prepared - such as **Matthew 25:17-30; Mark 14:12-26; Luke 22:7-21.***

ICEBREAKER:

See if anyone has any humorous/light hearted stories that happened during the Lord's Supper.

QUESTIONS FOR DISCUSSION:

1. Go around the table/room and ask people to give one word/short phrase descriptions of what Communion is like.
2. What do you do during the Lord's Supper to keep your mind focused?
3. What do you think the Lord's Supper was like during the early church?
4. Outside of the biblical example to take Communion each week - why do you partake in this memorial?
5. Again, go around the room and ask these questions:
 - a. How long have you been taking Communion?
 - b. How do you keep it from just becoming another thing you do in worship? How do you keep it special?
 - c. What distracts you the most during this time?
6. How is the Lord's Supper also a time of celebration?