



The Keys: Eject

Sunday, March 20, 2016

**Lesson:**

*We're studying in a series entitled "The Keys." We're looking at keys on a keyboard, which can be keys to us in our Christian walk. The goal is for us to find reminders in things we use every day of our journey.*

**ICEBREAKER:**

Name that one show or movie you always find yourself stopping to watch when flipping through the channels. What is about that movie/show that distracts you enough to keep your attention even though you've seen it multiple times?

**QUESTIONS FOR DISCUSSION:**

1. Open up your Bibles and read Hebrews 12:1-3.
2. What is that should motivate us as followers of Jesus to live for Him? (12:1)
3. Who is a part of the great cloud of witnesses? (12:1)
4. What kind of athletic imagery does the writer use in this passage? (12:1)
5. Why do you think this imagery works so well? Is there another athletic event you think would work better?
6. What does the writer warn us to do so we can run the race? (12:1)
7. We mentioned in the sermon we would do this as part of small groups - come up with a list of things that we wrap ourselves in that so easily entangles us and keeps us from putting God first and committing to Him.
8. What advice does the writer offer us to be able to commit to and complete the race? (12:2)
9. Why should we that? How will that help us be victorious?
10. Hebrews 12:3 tells us to consider Jesus show we will not grow weary and lose heart - what about the Christian race causes us to lose heart and grow weary?