



Discussion Guide ~ 9-16-18

Today we begin a new series called “This or That.” We have a choice in our attitudes, so which will you choose? Today we’re going to look at whether or not we should complain or be thankful. Follow along with the questions below to be prepared for your small group time.

KEY VERSES -- Numbers 11:1-3; Psalm 107:1-9; Luke 17:11-19; 1 Thessalonians 5:18; Ephesians 5:18, 20; Matthew 12:43-45

Icebreaker: What is something that could happen at a restaurant that typically would cause you to complain?

Study and Application Questions:

1. The lesson opened up with a story about Clive Wearing, the man with amnesia. What are some legitimate things in life that we can feel free to complain about? Is there anything?
2. Think back through the stories of the Children of Israel. What were some things that caused them to complain?
3. How would you define complaining?
4. No one forces us to complain, we choose to do so. Why do we complain about things, even small things that won’t ever matter? What causes our complaining attitude?
5. Why is it important when we remove a negative thing in our life to replace it with something positive? See Matthew 12:43-45.
6. How is a life filled with thankfulness better than a life spent complaining? Give examples.
7. What keeps you from being thankful?



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